

Triple P

Positive Parenting Programs For EVERY Parent



Overview of FREE VIRTUAL SERVICES

Triple P is a parenting intervention with the main goals of increasing the knowledge, skills, and confidence of parents and reducing the prevalence of mental health, emotional, and behavioral problems in children and adolescents.



Services

Triple P (Positive Parenting Program) is a parenting and family support system designed to assist parents in preventing behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise.

Triple P draws on social learning, cognitive behavioral and developmental theory as well as research into risk factors associated with the development of social and behavioral problems in children.



Program Goals

- Destigmatize and normalize the process of seeking parenting help
- Increase the visibility and reach of positive parenting interventions
- Help parents become more confident and self-sufficient in their parenting



Populations Served

Parents with children from birth-teenager (up to 16 years old)



Contact Information

For additional information or to customize this program for your group, contact Prevention Team at 704-626-2623 or email luis.miranda@anuvia.org

