



# Anuvia

Prevention & Recovery Center

# Annual Report

2017 – 2018



## Our Mission

Anuvia promotes wellness in our community by providing compassionate treatment and prevention services of the highest quality to impact the disease of addiction.

## Our Vision

Anuvia serves Mecklenburg County by providing programs focused on substance-abuse education, prevention, treatment, recovery and requirements for DWIs and drug offenses. Major funding is provided by the Mecklenburg County ABC Board.

## Ways You Can Get Involved:

- Give a monetary donation to support Anuvia's mission.
- Contribute in-kind donations such as clothing for our residential facility.
- Share your story with our clients and community partners.

### Board of Directors

Rob Adelman  
Reginald Bean  
Dr. Vivian Campbell, M.D.  
Bob Consoli  
Jeff Davis  
Captain Demetria Faulkner-Welch  
Robin Rose Fine  
Merrilyn R. Gill  
Nancy Harville  
Fred Hudson  
Ben Lehman  
Freda Lester  
Chuck McElroy  
Kent Panther  
Julie Paul  
Toussaint Romain  
Brandon Shelton

### Our Leadership

**Larry Snider**  
Executive Director

**Valerie Kopetzky**  
Associate Executive Director and CFO

**Cindy Murphy**  
Director of Prevention & Intervention Services

**Mackie Johnson**  
Director of Clinical Services

**Jo-Ellen McQuade**  
Director of Human Resources

**Abigail Lord-Ramsey**  
Director of Fund Development

### Message from the Executive Team

As we endeavored to achieve our mission of providing the highest quality substance use prevention and intervention services to the Mecklenburg County community, Anuvia was able to achieve many successes this year. Overall satisfaction with prevention and treatment services was high and many of our departments and programs were able to meet or exceed their established goals. In 2018, Anuvia continued to be a sought-after resource for the community, providing leadership for various coalitions and committees around Mecklenburg County, and hosting an assortment of professional development seminars.

The work that we do here at Anuvia can be life-changing for the people whom we serve and is often grounded in a broader framework that spans across the country. The opioid epidemic in particular has continued to dominate headlines as one of the major public health emergencies of our generation. As such, in 2018, Anuvia undertook several initiatives to assist the community and its members in addressing this deadly and devastating epidemic. In February 2018, Anuvia launched its Medication-Assisted Therapy Clinic for individuals struggling with severe opioid dependence. Anuvia also contributed to sponsoring the 2018 Opioid Summit, with over 700 community members and professionals in attendance.

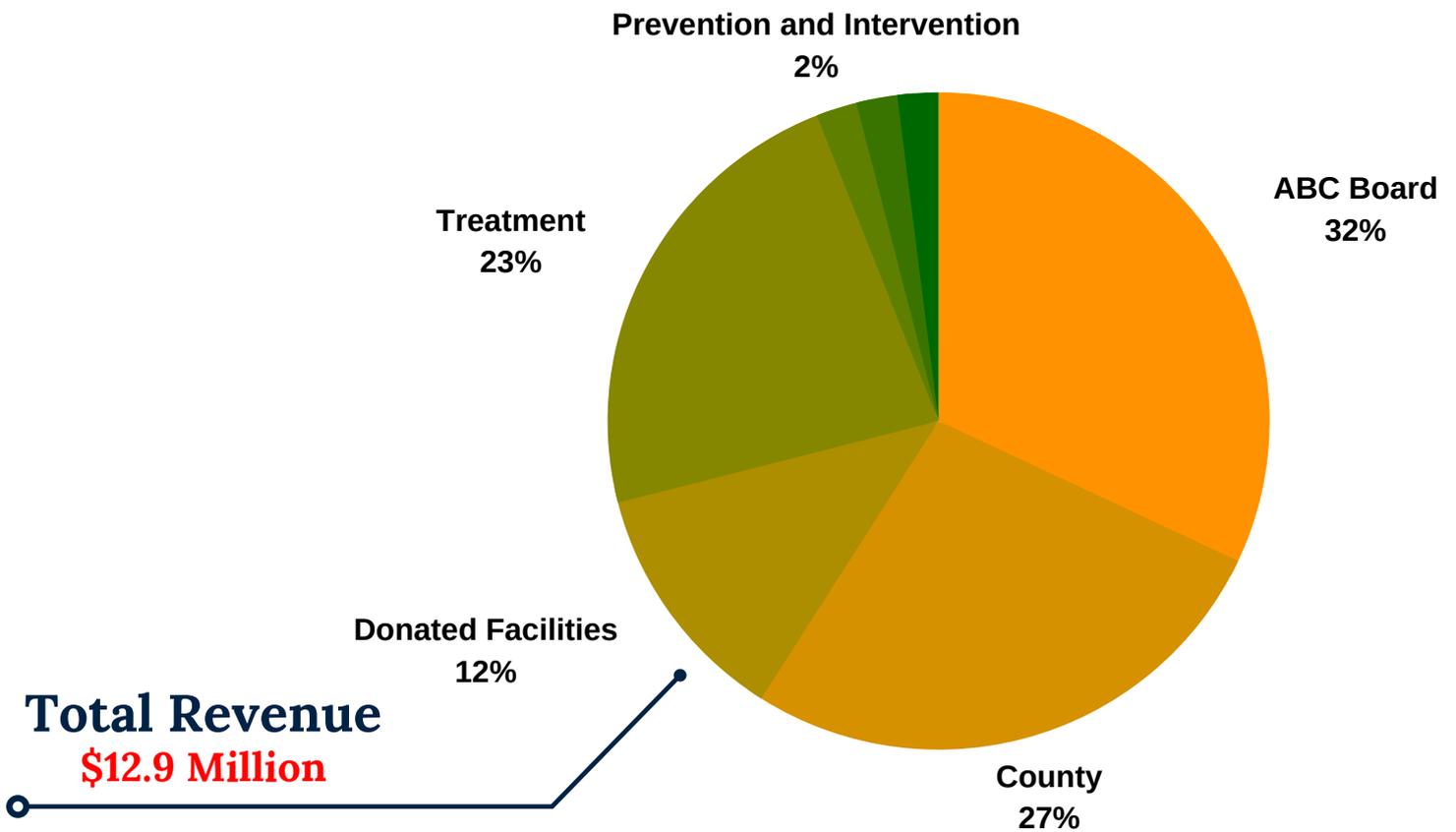
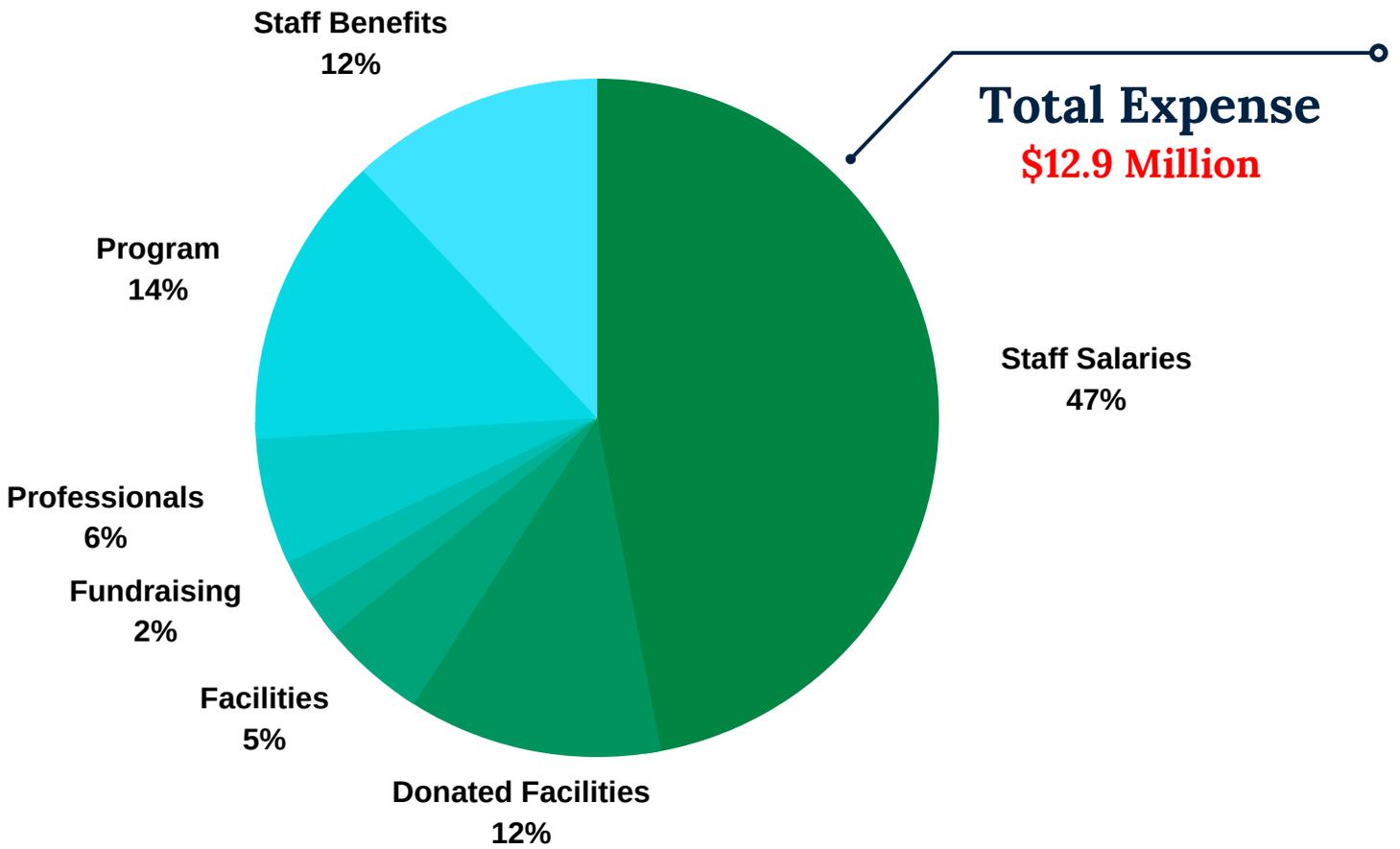
This year, Anuvia will continue to empower and serve the Mecklenburg County community by providing excellent services to our clients and program participants, and acting as leaders and change-makers through strategic partnerships. Among our major goals of 2019 is to expand Anuvia's funding sources to invest in much needed facilities upgrades and to further develop the selection of services that we offer.

We extend our warmest gratitude to our wonderful donors, staff, and community partners for supporting our work.

*thank you*

# Financial Highlights

**Net Assets: \$4.1 Million**



# Clients Served

## Prevention and Intervention Services

Anuvia offers a full continuum of prevention and intervention services, recognized by the State of North Carolina for excellence. Anuvia's Prevention and Intervention Services promote wellness in our community to reduce the impact of substance use and misuse.

### Prevention Services

**Clients Served: 13,091**

Anuvia's Prevention Services offers programming for universal and selective audiences utilizing prevention education, alternative activities, identification and referral, community-based processes, and environmental strategies.

### Intervention Services

**Clients Served: 476**

Anuvia's Intervention Services include programming for youth involved with criminal justice. This service also offers Alcohol and Drug Education Traffic School and the Short Term Treatment Options Program – 20 hours for persons convicted of driving while intoxicated and other alcohol- and drug-related offenses. Anuvia also tracks DWIs for Mecklenburg County.

### Clinical Services

Anuvia's treatment options range from short-term programs for persons in the early stages of a substance use issue to residential treatment for persons with greater needs. Varying with the level of intensity, programs may include education, individual and group counseling, and access to support groups.

### Comprehensive Clinical Assessment Services

**Clients Served: 2,632**

Clinical staff evaluate psychological, social, and physiological signs and symptoms of alcohol and other drug use and abuse to determine the client's appropriateness for admission to our programs and level of care.

### Short Term Treatment Options Program (STTOP 40)

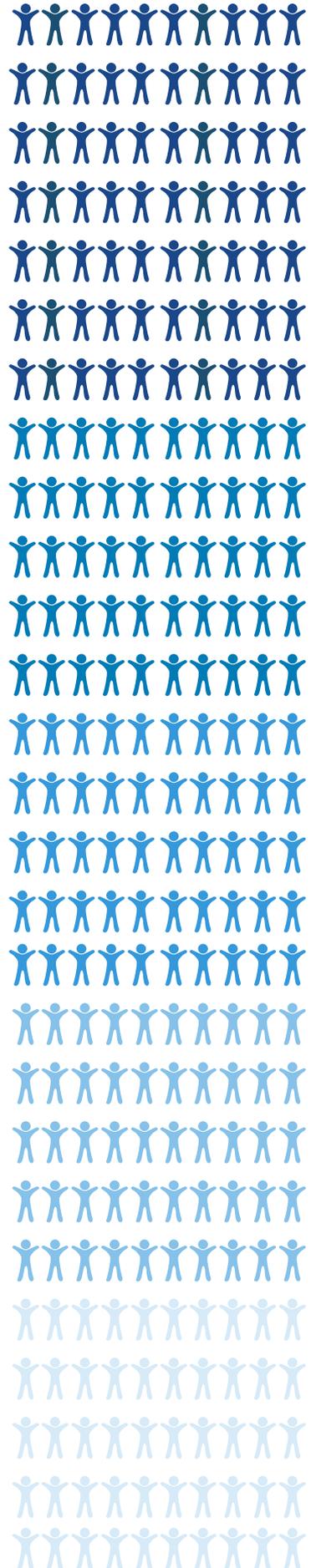
**Clients Served: 174**

STTOP 40 is an intervention designed for clients with a mild to moderate substance use disorder, where detoxification and/or intensive outpatient or inpatient levels of care are not warranted. This is a group experience that includes both an educational curriculum and group counseling sessions.

### Adult Substance Abuse Intensive Outpatient Treatment Program

**Clients Served: 528**

Substance Abuse Intensive Outpatient Treatment is designed for clients with a moderate to severe substance use disorder, whose physical health, family relationships, and/or regular employment have been significantly interrupted by their alcoholism and/or other chemical dependency.



# Clients Served

## Adolescent Treatment Program

**Clients Served: 76**

The Adolescent Outpatient Treatment Program is provided for adolescents' ages 12 through 17 and their families. Adolescent outpatient services are structured with individual and group activities and education, to promote abstinence, improve decision-making, build life skills, and strengthen families.

## Substance Abuse Comprehensive Outpatient Treatment Program (SACOT)

**Clients Served: 122**

SACOT is specifically designed for adults with severe substance use issues, a history of relapses, and people who have mental health issues in addition to their substance use issues. SACOT provides daily structured support for managing both substance use and mental health issues simultaneously using an Integrated Dual Disorders Treatment model.

## Medication Management

**Clients Served: 696**

Anuvia provides Medication Management Services for clients with co-occurring disorders. When necessary, medications are prescribed and monitored to aid the client in managing their recovery and mental health issues.

## Medication Assisted Treatment

**Clients Served: 46**

Anuvia Medication-Assisted Treatment Program is for clients who are addicted to opiates. Services and medications are provided to these clients to assist them in moving forward in recovery and a life without opiates. Clients participating in the program primarily engage in outpatient treatment, which can include education as well as group and individual therapy.

## Detoxification

**Clients Served: 2,064**

Anuvia's Detoxification Program provides services 24/7/365 days per year to clients ages 18 and up. Detox provides care and a safe place to withdraw from alcohol and drugs without having to go to a hospital.

## Residential Treatment

**Clients Served: 585**

Anuvia has 32 beds designated to provide substance abuse treatment for individuals who have substance use disorders. The length of stay for the residential program is determined on an individual basis and ranges from fourteen to twenty-eight days. This program operates 24 hours a day 365 days a year.

## Support Group Meetings

Anuvia hosts 25 Twelve-Step support group meetings each week that serve over 2,500 people. The facility is also made available to numerous groups with missions related to substance use disorder services as well as community groups.



# Community Engagement

Anuvia participates in a variety of coalitions and community approaches that contribute to the prevention of substance abuse, including the Charlotte Mecklenburg Drug-Free Coalition, Latin American Council (Enlace), Alianza, Vision Zero, Mecklenburg Underage Drinking Committee, Charlotte Regional Harm Reduction Coalition, Mecklenburg County Fetal Alcohol Spectrum Disorders Committee, Mecklenburg County Substance Use Disorders Task Force, and the North Carolina Prevention Providers Association.



1  
Anuvia staff received the Charlotte Mecklenburg Police Department's Community Partner Award for Anuvia's assistance in the department's panhandling initiative.



2  
Staff participated in the 2017 Recovery Rally. While at the rally, they distributed resources to rally attendees to spread the word about Anuvia's services.



3  
Senator Waddell at Butler High School for Alcohol Awareness Month.



4  
Anuvia contributed to sponsoring the 2018 Opioid Summit with over 700 community members and professionals in attendance.



# Testimonials

*I will always be indebted to Anuvia. I would like to say here, in this space, thank you, God, for saving my life, and thank you, Anuvia and NA, for enhancing the life that God has saved.*

*- An Anuvia Client*

*I was a lost man with a broken spirit when I arrived at Anuvia. Today, thanks to its wonderful staff, I am blessed with a better life.*

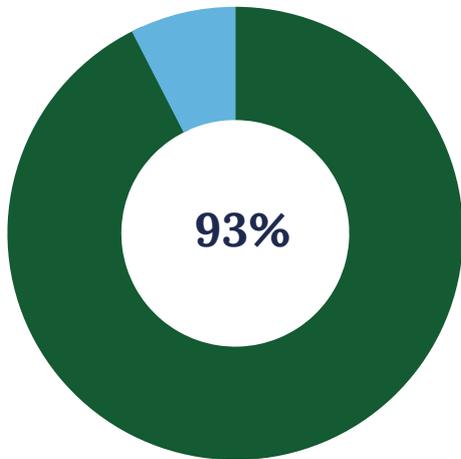
*- An Anuvia Client*

*I found the presentation to be illuminating. I am encouraged to know there are people like you working on this problem (prescription drug abuse) and that I can be part of the solution*

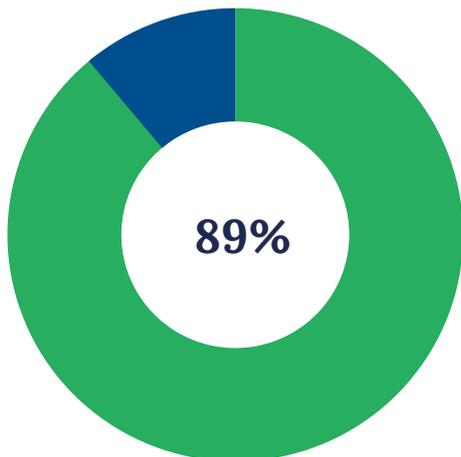
*- An Anuvia Prevention Participant*

## Outcomes

### Overall Satisfaction with Prevention Services



### Overall Satisfaction with Treatment Services



## Prevention and Intervention



**Met or exceeded many of the goals established for the fiscal year.**



## Treatment Services