



Community Wellness Professional Development Trainings & Workshops 2010 Fall Series Schedule

Trainings & Workshops are \$20 per session and are open to all professionals and the general public. They will take place at 100 Billingsley Road, Charlotte, NC 28211. Participants should pre-register online at www.anuvia.org and follow the Trainings tab. For more information contact Angelica Castaneda-Noorbakhsh, angelica.castaneda@anuvia.org or call 704.927.8808.

Date & Time	NCSAPPB Certification Hours*	Topic	Presenter	Presentation Description
September 23 2pm - 5pm	3	Ethics as a Process, Not a Problem	Cathy Killian LPC, LCAS, MAC, CSI, CCH Owner of Synergy Counseling and Consulting & Program Chair – Substance Abuse, CCCC	This presentation will include a review of the ethical principles for substance abuse professionals, basic mental health laws that can impact substance abuse counselors, and a step-by-step process for ethical decision making. In addition to this, the information will encompass technological “complications” that arrive as we become more and more entrenched in the utilization of technology in treatment.
October 7 2pm - 4pm	2	Marijuana and Youth: What Can We Do? Part II	Christopher Matthews, BSPH, CHES Prevention Specialist, Anuvia Prevention & Recovery Center	More teens enter treatment each year with a primary diagnosis of marijuana dependence than for all other illicit drugs combined. Despite this alarming statistic marijuana is viewed by many as a harmless drug. A question that continues to be asked by substance abuse professionals is “What can we do to counteract the misconstrued messages about marijuana use that are influencing our young people to abuse this drug?” Participants will gain insight on various methods they can incorporate into their practice that will help them find answers to this question.
October 14 2pm - 5pm	3	HIV & AIDS 101	Chelsea Gulden, BA	The rise of new HIV and AIDS cases is growing fast in southern states. With the rapid growth of new HIV/AIDS cases, substance abuse professionals and other providers need to consider the physical, emotional, and mental effects an HIV, AIDS or STD diagnosis has on a client who abuses substances. Participants will learn the current data on HIV/AIDS cases, understand the emotional impact of an HIV/AIDS diagnosis, and learn the treatment options that are available for people with HIV/AIDS.
October 21 2pm - 4pm	2	Looking at Prevention Efforts in Mecklenburg County	Alice McGinley, BA, CADC Founder and Program Director, H.U.G.S. (Healing and Understanding of Grief from Suicide)	This presentation will focus on current prevention efforts in our community as well as statewide prevention initiatives. We will identify diverse agencies working toward enhancing prevention and the many creative ways organizations can partner to be more effective in supporting prevention efforts.

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October 28 2pm - 4pm	2	Alcohol + Pregnancy = Birth Defects: Understanding Fetal Alcohol Spectrum Disorders	Fetal Alcohol Spectrum Disorders Committee (FASDC) of Mecklenburg	Currently in the US approximately 40,000 babies are born each year with a Fetal Alcohol Spectrum Disorders (FASD). In Mecklenburg County, it is estimated that 100 to 150 infants are born each year affected by alcohol. This training will provide an overview of the range of birth defects resulting from prenatal alcohol exposure, explain the primary and secondary issues associated with FASD, and define the role of prevention providers, treatment professionals, and allied health professionals in the prevention of FASD.
November 4 2pm - 4pm	2	Barriers and Solutions to Working with the African American Community	Jonathan P. Belton, BS, CSAC, CSAPC Associate Director, Anuvia Prevention & Recovery Center	This session will allow participants to identify barriers the African American community faces and the connection between those barriers and substance abuse. In addition, participants will learn creative ways to assist the African American community addressing substance abuse issues.
November 11 2pm - 4pm	2	The Teenage Brain: Why Logic Won't Work with Teens	Jenny Wade, BS Prevention Specialist, Anuvia Prevention & Recovery Center	Teenagers are often using different parts of the brain than adults, which creates confusion and miscommunication between adults and teens. This session will provide insight into the teenage brain, recognize signs of addictive behavior, and share insights for adults influencing teens. Participants will be able to understand the consequences of underage drinking and drug use as well as how drinking and drug use impact the teenage brain.
November 18 2pm - 5pm	3	Tobacco Dependence	Ashley Walters Falls, MSN, PMHNP-BC Psychiatric Nurse Practitioner, Anuvia Prevention & Recovery Center	Tobacco addiction causes 438,000 deaths in the United States each year; it is the leading preventable cause of death. Almost half of these deaths are people with mental health and substance use disorders. This training will focus on the magnitude of tobacco dependence, the disparity of tobacco use in clients with mental health and substance use disorders, methods to assist clients in quitting, the implementation of tobacco dependence interventions within existing treatment programs, and identify resources to guide and support these interventions.
December 2 2pm - 4pm	2	Save the Drama: Conflict Resolution Skills for the Substance Abuse Professional	John A. Basilice, Ed.S., M.Ed., LPC Substance Abuse Prevention Program Manager, Charlotte-Mecklenburg Schools	Conflict is a disagreement that occurs between two or more parties who believe that what each wants is incompatible with what the other wants. Conflict is a natural human process that can be either constructive or destructive. This session will provide insight into techniques to help substance abuse professionals resolve internal and external conflicts that include learning to express feelings, needs, and desires without provoking anger in the other person. Participants will also be able to understand how language tends to continue conflict, learn the four-step strategy in assessing the best approach in conflict resolution and learn a paradigm for deconstructing conflict.
December 9 2pm - 5pm	3	Substance Abuse Issues in Older Adults	Jeanette H. Day, CCS, CSAC Clinical Counselor, Anuvia Prevention & Recovery Center	This session will present the demographics of the Aging of America, an overview of age-related changes, and the correlation of substance use, abuse, and dependency issues. This workshop will also include the differences in assessing an older adult for alcohol/drug dependence, considerations when referring an older adult for substance abuse treatment, and effective treatment approaches for older adults. Participants will be given an opportunity to examine their feelings concerning aging and their knowledge of age related changes through didactic and experiential methods.

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